



कार्यालय मुख्यकार्यपालन अधिकारी एवं अधिष्ठाता
डॉ. लक्ष्मीनारायण पाण्डेय शासकीय चिकित्सा महाविद्यालय रतलाम
सैलाना रोड़, ग्रामबंजली, रतलाम (म०प्र०)
"DONATE ORGAN - SAVE LIFE"

क्रमांक:-/०३१८/जी.एम.सी/2026

रतलाम, दिनांक:- 12/ 09/2026

// आदेश //

डॉ लक्ष्मीनारायण पाण्डेय शासकीय चिकित्सा महाविद्यालय, रतलाम में एम्.एम.बी.एस. बैच 2026-27 में प्रथम चरण में प्रवेशित छात्र-छात्राओं को सूचित किया जाता है कि दिनांक 19/09/2026 से 29/09/2026 तक फाउन्डेशन कक्षाएँ आयोजित की जा रही है, तथा दिनांक 30/09/2026 से नियमित कक्षाएँ प्रारम्भ होगी। इस हेतु फाउन्डेशन कोर्स शेड्यूल संलग्न कर प्रेषित किया जा रहा है। अतः समस्त छात्र-छात्राएँ उक्तानुसार कक्षाओं में उपस्थित होना सुनिश्चित करें।

संलग्न:- फाउन्डेशन कोर्स शेड्यूल की प्रति।

Anita Mukherjee
12/09/2026

अनिता मूथा

DEAN & CEO

मुख्य कार्यपालन अधिकारी एवं अधिष्ठाता
शासकीय चिकित्सा महाविद्यालय रतलाम (म.प्र.)
Dr. L.N.P. Govt. Medical College
Ratlam (M.P.)



DR. ANNAMINARAYAN PANDEY GOVERNMENT MEDICAL COLLEGE RATLAM
 Sallana Road NH927A, Ratlam Madhya Pradesh-457001, India
MEDICAL EDUCATION UNIT/CURRICULUM COMMITTEE
 E-mail ID:- meugmcr@gmail.com Web :- www.gmcratlam.org

Foundation Course Schedule

MBBS BATCH 2026-27

MEU CONVENER-DR JAGDISH HUNDEKARI

MEU CORDINATOR- DR. DARSHNA JAIN

Day & Date	09:00am-10:00am	10:00am-11:00am	11:00am-12:00pm	12:00pm-01:00pm	01:00pm - 02:00	02:00pm-03:00pm	03:00pm-04:00pm	04:00pm-05:00pm
Saturday 19/09/2026	Registration (Ms. Nikita)	Inauguration & Welcome Ceremony: Dean's Address :- Welcome, vision, mission of the Institution, Roles of an Indian Medical Graduate (Dr. Sanjib Das, Dr Darshna Jain)		Interaction of students and parents with dean and faculty (Dr Darshna Jain)	Visit to the Hostel / Campus/ College/ Hospital/Library Facility (Dr Mohit Kulmi, Dr Smriti Tiwari Pandey, Dr Vijay Chouhan,)			
Sunday 20/09/2026	Sunday					Sunday		
Monday 21/09/2026	Yoga/Meditation in Medicine (Dr. Lokendra singh Kot & team) [(S,A)(P)]	History of Medicine and alternate systems of Medicine [(K)(K)] (Dr S.K. Likhar and team)	IMG roles / overview of MBBS curriculum and various career pathways [(K)(K)] (Dr Sanjib Das and team)	Health Care System & it's Delivery [(K)(KH)] (Dr. S.K.Likhar & team)	National Health Programmers and policies [(K)(KH)] (Dr. S.K.Likhar & team)	Introduction to Senior students (Dr Rahul Mittal, Dr Rajendra Singrolay, Dr Darshna Jain Dr.Mohit Kulmi)		



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Tuesday 22/09/2026	Yoga/Meditation in Medicine [(S,A)(P)] (Dr. Lokendra singh Kot & team)		Role of Doctors in the society [(K)(KH)] (Dr. Rekha Vimal, Dr. Mahendra Chauhan, Dr. Sudhanshu Sharma, Dr. Nitin Kiradiya, Dr. Praveen Baghel.)	Introduction to 1st yr. Faculty (All Phase 1 faculty along with their HODs)	Group Dynamics [(K,S,A,C)(P)] (Dr. Dhruvendra Pandey & Team)
Wednesday 23/09/2026	Yoga/Meditation in Medicine [(S,A)(P)] (Dr. Lokendra singh Kot & team)		Extracurricular Activities include community based activities include Social service program (health camp or awareness/rural health camp for community engagement/participating in public health or cleanliness drive (Dr. Piyusha Mahashabde, PGs of community medicine & Pharmacology)	Lunch Working in a health care team [(K,S,A,C)(KH)] (Dr. Mahendra Chouhan & team, Dr. Atul & team)	Sports and Physical Activities like Karate/cricket/football/basketball/bad minton/table tennis/Working out in gym (to be divided into groups based on student's preference) (Dr. Umesh Sinha, Dr. Rajendra Singrolay, Dr. Priti Kori, Dr. Smriti Tiwari Pandey, Dr. Prianka Chouhan)
Thursday 24/09/2026	Concept of Professionalism & Ethics, Dealing with Ethical Dilemmas, Cultural Sensitivity [(K,S,A)(KH)] (Dr. Pradeep K. Mishra, Dr. Dhruvendra Pandey & team)	Doctor-Patient Relationship [(K,S,A,C)(K H)] (Dr. Pradeep K. Mishra, Dr. Dhruvendra Pandey)	Skill Module: Universal Precautions(UP) [(K,S,A)(KH)] (Dr. Prafulla Songara & team)	Skill Module : First Aid & principles of primary care (General & community based care) [(K,S,A,C)(SH)] (Dr. Atul & team/ Dr. Mahendra Chauhan & team/Dr. Mrs. Likhar & team)	

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Friday 25/09/2026	Mental Health: Overview & Importance: [(K)(KH)] Dr.Kapil Dev Arya & team	.Stress Management Coping Mechanisms [(K,S)(SH)] (Dr. Kapil Dev Arya Dr. Gaurav Chittora, Dr. Lokendra singh Kot)	. Time Management [(K,S)(SH)] (Dr. Lokendra singh Kot & team)
Saturday 26/09/2026	Basic Life Support [(K,S,A,C)(SH)] Interactive Lecture & Video (Dr. Shailendra Dawar & team)		
Sunday 27/09/2026	Sunday		
Monday 28/09/2026	Skill Module: Immunization [(K,S,A,C)(SH)] (Dr. Mangilal Barman & team)		
29/09/2026 Tuesday		Interpersonal Relationship & Communication [(S,A,C)(KH,P)] (Dr. Kapil Dev Arya, & team)	

Mentor –Mentee Program (Student Section In-charge)	Extracurricular Activities include cultural activities like dance/music/skits/debates, group performances/art & craft (Dr.Darshana Jain, Dr.Priti Kori, Dr Smriti Tiwari Pandey, Dr.Vijay Chouhan, Dr. Priyanka Chouhan)
Skill Module: Basic Life Support Hands on Training (Dr. Shailendra Dawar & team) [(K,S,A,C)(SH)] Interactive Lecture & Video (Dr. Shailendra Dawar & team)	
Sunday	
Clinical-Laboratory Communication: Coordinating with Labs [(K,S,A,C)(KH)] (Dr. Reetesh Kumar Gujar,Dr.Darshana Jain, Dr.Gaurav Saxena)	
Reflective Session [(K,S)(P)] (Dr.Sanjib Das & team)	Sports and Physical Activities like Karate/cricket/football/basketball/badminton/table tennis/Working out in gym (to be divided into groups based on student's preference) (Dr Umesh Sinha, Dr Rajendra Singrolay, Dr.Priti Kori, , Smriti Tiwari Pandey, , Dr.Priyanka Chouhan)



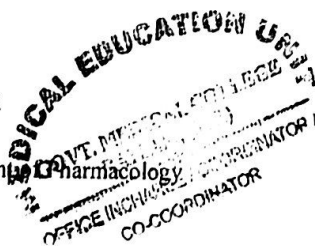
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- * Expected predominant learning Domain to be addressed :K(Knowledge) S(Skills)/A(Attitude)/C(Communication)
- * Expected learning level to be achieved by students:K(Know)/KH(Know how)/SH(Show How)/P(Perform)
- * Most of the activities will be conducted in lecture Hall I. For other activities student will disperse from lecture hall I only.
- * Sports In charge:- Dr. Rajendra Singrolay, Dr. Umesh Sinha,
- * Extracurricular activity In charge:- Dr. Darshana Jain, Dr. Vijay Chouhan,
- * Computer Skill Session In charge:- Dr. Mohit Kulmi, Dr. Lokendra singh Kot.
- * Faculty for languages :- Dr. Sanjib Das, Dr. Vijay Chouhan.

[Signature]
Foundation Course Co- Coordinator
Dr. Darshana Jain
Associate Professor
Department of Biochemistry
DR.LNP GMC Ratlam

[Signature]
MEU/CC COORDINATOR

Dr. Sanjib Das
Professor & Head, Department of Pharmacology
DR.LNP GMC Ratlam



[Signature]
Foundation Course convener

Dr Jagdish Hundekari
Professor & Head
Department Of Physiology
DR.LNP GMC Ratlam

[Signature]
विद्यया ऽमृतमश्नुते
विद्यया ऽमृतमश्नुते
विद्यया ऽमृतमश्नुते

[Signature]
Dean & CEO
Dr. Anita Mutha
DR.LNP GMC Ratlam

DEAN & CEO
DR. ANITA MUTHA
Ratlam (M.P.)

Copy to:

Convener & Coordinator of CC

-All HODs to inform concerned teachers

-Student section to disseminate among students of concerned batch



DR. LAXMINARAYAN PANDEY MEDICAL COLLEGE

1st MBBS Batch -2026-27

Master Time Table (Sep. 2026 to Feb. 2027) 1st Term

Lecture Venue :- LT - I

Lecture Venue :- L1 - 1

Time/Day	9-10 am	10-11 am	11-12 pm	12- 1 pm	1-2 pm	2-4 pm	4-5pm
Monday	Physiology (Lecture)	Physiology (Lecture)	Biochemistry (Lecture)	Physiology (SGT)	L U N C H	Physiology / Biochemistry (Practical)	
Tuesday	Anatomy (Lecture)	Anatomy (Lecture)	Anatomy Dissection (SGT/ Tutorial)			Anatomy (SGT/ Tutorial)	Sports
Wednesday	Physiology (Lecture)	Physiology (SGT)	Biochemistry (Lecture)	Biochemistry (Tutorial/SDL)		Physiology / Biochemistry (Practical)	
Thursday	Anatomy (Lecture)	Anatomy (Lecture)	Anatomy Dissection (SGT/ Tutorial)			Anatomy (SGT/SDL)	Sports
Friday	Community Medicine (Theory/Practical)	Physiology (Lecture)	Physiology (SGT)	Biochemistry (Lecture)		Physiology / Biochemistry (Practical)	
Saturday	Anatomy (Lecture)	Anatomy (Lecture)	Anatomy Dissection (SGT/ Tutorial)			I st week :- Anatomy (Aetcom/ECE) II nd week:- Community Medicine (Aetcom/ECE/FAP) III rd week :- Physiology (Aetcom/ECE) IV th Week :- Biochemistry (Aetcom/ECE) V th week :- Community Medicine (Aetcom/ECE/FAP)	

Prof & Head Singrolay
Anatomy
Dr. R. S. Singrolay
HOD
Department of Anatomy
D.L.N.P. G.M.C. Raikot
म. प्र. चि. एन.पी.एम.कॉलेज, राकोट (म.प्र.)

Prof & Head
विशेषज्ञ शिक्षा
फिजियोलॉजी विभाग
म. प्र. चि. एन.पी.एम.कॉलेज, राकोट (म.प्र.)

Prof & Head
Biochemistry
Dr. R. S. Singrolay
HOD
Department of Biochemistry
D.L.N.P. G.M.C. Raikot
म. प्र. चि. एन.पी.एम.कॉलेज, राकोट (म.प्र.)

Prof & Head
सामुदायिक चिकित्सा विभाग
डॉ. लक्ष्मीनारायण पाण्डेय शा. वि. महाविद्यालय,
राकोट (म.प्र.)

Dr. L.N.P.M. College, Raikot (M.P.)
DEAN & CEO
01/09/2026
Dr. L.N.P. G.M.C. Medical College
Raikot (M.P.)



DR. LAXMINARAYAN PANDEY MEDICAL COLLEGE

1st MBBS Batch -2026-27

Master Time Table (Mar. 2027 to Aug. 2027) IInd Term

Lecture Venue :- LT - I

Lecture Venue :- L1 - I

Time/Day	9-10 am	10-11 am	11-12 pm	12- 1 pm	1-2 pm	2-4 pm	4-5pm
Monday	Physiology (Lecture)	Physiology (Lecture)	Biochemistry (Lecture)	Physiology (SGT)	L U N C H	Physiology / Biochemistry (Practical)	
Tuesday	Anatomy (Lecture)	Anatomy (Lecture)	Anatomy Dissection (SGT/ Tutorial)			Anatomy (SGT/ Tutorial)	Sports
Wednesday	Physiology (Lecture)	Physiology (SGT)	Biochemistry (Lecture)	Biochemistry (Tutorial/SDL)		Physiology / Biochemistry (Practical)	
Thursday	Anatomy (Lecture)	Anatomy (Lecture)	Anatomy Dissection (SGT/ Tutorial)			Anatomy (SGT/SDL)	Sports
Friday	Physiology (Lecture)	Physiology (Lecture)	Physiology/Biochemistry (SGT)	Biochemistry (Lecture)		Physiology / Biochemistry (Practical)	
Saturday	Anatomy (Lecture)	Anatomy (Lecture)	Anatomy Dissection (SGT/ Tutorial)			I st week :- Anatomy (Actcom/ECE) II nd week:- Community Medicine (Actcom/ECE/FAP) III rd week :- Physiology (Actcom/ECE) IV th Week :- Biochemistry (Actcom/ECE) V th week :- Community Medicine (Actcom/ECE/FAP)	

Prof & Head Singrolay
Dr. Anatomy
HOD
Department of Anatomy
DLNPGMC Patna

Prof & Head
Dr. विष्णुनाथ
फिजियोलॉजी विभाग
गा. चि. महाराजगंज, रतलाम (म.प्र.)

Prof & Head
Biochemistry
Head
Department of Biochemistry
Rajendra Prasad Medical College, Patna

प्रमुख अतिथि
डा. लक्ष्मिनारायण पण्डेय
रतलाम (म.प्र.)

01/09/2026
Dr. L.N.P. V. C. Pandey (M.P.)
Dean (HOD)