

E-mail ID:- meugmcr@gmail.com MEDICAL EDUCATION UNIT/ CURRICULUM COMMITTEE Sailana Road NH927A, Ratlam Madhya Pradesh 457001, India GOVERNMENT MEDICAL COLLEGE

Web :- www.gmcratlam.org

Foundation Course Schedule

MBBS BATCH 2025-26

Wednesday 24/09/2025	Tuesday 23/09/2025	Monday 22/09/2025	Day & Date
Yoga/Medita [(S, (Dr. Lokend	Yoga/Meditation in Me (Dr. Lokendra singh Kot & team) [(S,A)(P)]	Regist ration (Ms. Pinky/ Nikita	09:00am- 10:00am
Yoga/Meditation in Medicine [(S,A)(P)] (Dr. Lokendra singh Kot & team)	Yoga/Meditation in Medicine Or. Lokendra singh Kot & team) [(S,A)(P)]	Inauguration & Ceremony: Dean's A Welcome, vision, mis Institution, Roles of a Medical Gradu (Dr. Sanjib Das, Dr Darshna Jain)	10:00am- 11:00am
Role of Doctors in the society [(K)(KH)] (Dr. Rekha Vimal, Dr.Mahendra chauhan, Dr.Sudhanshu Sharma, Dr.Nitin Kiradiya, Dr. Praveen Baghel,)	History of Medicine and alternate systems of Medicine [(K)(K)] (Dr S.K. Likhar and team)	Inauguration & Welcome Ceremony: Dean's Address:-Welcome, vision, mission of the Institution, Roles of an Indian Medical Graduate (Dr. Sanjib Das, Dr Darshna Jain)	11:00am- 12:00pm
in the society) , Dr.Mahendra an, arma , Dr.Nitin ya , Baghel,)	overview of MBBS curriculum and various career pathways [(K)(K)] (Dr Sanjib Das and team	Interaction of students and parents with dean and faculty (Dr Darshna Jain)	12:00pm- 01:00pm
			pm - 02:00
Introduction to 1st yr. Faculty (All Phase 1 faculty along with their HODs)	Health Care System & it's Delivery [(K)(KH)] (Dr. S.K.Likhar & team)	Rules and Regulations of the institution. [(K)(K)] (Dr J.C. Hundekari)	02:00pm- 03:00pm
(Dr. Dhruve	National Health programmes and policies [(K)(KH)] (Dr. S.K.Likhar & team)	Role of Indian army in nation building Col. Sandeep Ahialwal	03:00pm-04:00pm
Group Dyanamics [(K,S,A,C)(P)] (Dr. Dhruvendra Pandey	Introduction to Senior students (Dr Rahul Mittal, Dr Rajendra Singrolay, Dr Darshna Jain Dr.Mohit Kulmi)	Visit to the Hostel / Campus/ College/ Hospital/Library Facility (Dr Mohit Kulmi, Dr Smriti Tiwari Pandey, Dr Vijay Chouhan,)	04:00pm-05:00pm

MEU CONVENER-DR JITENDRA GUPTA

MEU CORDINATOR- DR. DARSHNA JAIN



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29/09/2025	Monday	Sunday 28/09/2025	Saturday 27/09/2025	26/09/2025	Thursday 25/09/2025
Interactive Lect			Mental Health: Overview &Importance: [(K)(KH)] Dr.Kapil Dev Arya & team	Concept of Professionalism & Ethics, Dealing with Ethical Dilemmas, Cultural Sensitivity [(K,S,A)(KH) (Dr. Pradeep K. Mishra, Dr Dhruvendra Pandey & team)	(Dr. Lokendra singh Kot & team)
ure & Video (I	Basic Life Support	Sunday	Stress Management &Coping Mechanisms [(K,S)(SH)] (Dr. Kapil Dev Arya Dr. Gaurav Chittora, Dr. Lokendra	Patient Relationship [(K,S,A,C)(K H)] Dr. Pradeep K.Mishra,Dr Dhruvendra Pandey	n in Medicine (P) Ira singh n)
[(K,S,A,C)(SH)] Interactive Lecture & Video (Dr. Shailendra Dawar & team)	Support	ay	. Time Management [(K,S)(SH)] (Dr. Lokendra singh Kot & team)	Skill Module: Universal Precautions(UP) [(K,S,A)(KH)] (Dr.Prafulla Songara) & team)	Extracurricular Activities include community based activities include Social service program (health camp or awareness)/rural health camp for community engagement/participating in public health or cleanliness drive (Dr. Piyusha Mahashabde, PGs of community medicine & Pharmacology)
					Lunch
Skill Module: Basic Life Support Hands on Training (Dr. Shailendra Dawar & team) [(K,S,A,C)(SH)]		Mentor -Mentee Program (Student Section In- charge)	Skill Module : (Gene (Dr. Neelam Chateau)	Working in a health care team [(K,S,A,C)(KH)] (Dr. Mahendra Chouhan & team, Dr.Neelam Charles & team)	
		Extra curricular Activities include cultural activities like dance/music/skits/debates, group performances/art & craft (Dr.Darshana Jain, Dr.Priti Kori, Dr Smriti Tiwari Pandey,Dr.Vijay Chouhan, Dr.Priyaka Chouhan)	Skill Module: .First Aid & principles of primary care (General & community based care) [(K,S,A,C)(SH)] (Dr. Neelam Chales & team/ Dr. Mahendra Chauhan & team/Dr.Mrs. Likhar & team)	Sports and Physical Activities like Karate/cricket/football/basketball/badmi nton/table tenis/Working out in gym (to be divided into groups based on student's preference) (Dr Umesh Sinha, Dr Rajendra Singrolay Dr.Priti Kori, Dr.Indrajeet Yadav, Dr. Smriti Tiwari Pandey, Dr.Prianka Chouhan)	



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Saturday 04/10/2025 (I	Friday 03/10/2025 (02/10/2025 Thursday	01/10/2025 Wednesday	Tuesday 30/09/2025
Community Orientation: [(K,S,C)(KH,P)] (Dr S.K. Likhar and team)	Language Skills: Communication with Patients, Writing Clinical Notes, Presenting Case Histories. [(S,A,C)(KH,P)] (Dr.Rakesh Sisodia, Dr.Devendra Chouhan, Dr Manish Rathore,	Gandh	Local	Skill Module: .Immunization [(K,S,A,C)(SH)] (Dr. Mangilal Barman & team)
Computer & Language (Basic Functions, Medical Software Overview, Using MS Office for Medical Writing, Internet Research in Medicine) [(K,S,)(KH,P)]	Medical Terminology, Medical Documentation, Laboratory Communication: Lab Reports. [(K,S,C)(KH,P)] (Dr. Reetesh Kumar Gujar, Dr.Rahul Mittal, Dr. Vijay Chouhan,)	Gandhi Jayanti	Local Holiday	Interpersonal Clinico- Relationship & Laboratory Communication Communication: [(S,A,C)(KH,P)] Coordinating (Dr. Kapil Dev Arya, & team) [(K,S,A,C)(KH)] (Dr. Reetesh Kumar Gujar,Dr.Darsha na Jain, Dr.Gaurav Saxena)
Public Speaking in Medicine Mentors: [(S,C)(KH,P)] Dr.Sanjib Das	ng ce			Interactive Lectur Reflective Session [(K,S)(P)] (Dr.Sanjib Das & team)
Valedictory session & feedback (Dr. Sanjib Das, Dr S.K. Likhar, Dr Dhruvendra Pandey, Dr Darshna Jain)	Computer & Language (Basic Functions, Medical Software Overview, (Dr. Dhruvendra Using MS Office for Pandey & Team Medical Writing, Internet Research in Medicine) [(K,S,)(KH,P)] (Dr. Sanjib Das, Dr.Dhruvendra Pandey, Dr. Lokendra singh Kot, Dr. Vinay Sharma & team)			Reflective Session [(K,S)(P)] Sports and Physical Activities like (Dr.Sanjib Das & team) Sports and Physical Activities like Karate/cricket/football/basketball/badmi nton/table tenis/Working out in gym (to be divided into groups based on student's preference) (Dr Umesh Sinha, Dr Rajendra Singrolay, Dr.Priti Kori, Dr.Indrajeet Yadav, Smriti Tiwari Pandey, , Dr.Prianka Chouhan)



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(Dr. Sanjib Das, Dr.Dhruvendra Pandey, Dr. Lokendra singh Kot, ,Dr. Vinay Sharma & team)

Dr. Ashish Kumar Maurya,Dr. Vijay Chouhan, Dr.Darshana Jain

**Expected predominant learning Domain to be addressed -K(Knowledge)/S(Skills)/A(Attitude)/C(Communication)

Expected learning level to be achieved by students-K(Know)/KH(Know how)/SH(Show How)/P(Perform)

* Most of the positivities will be conducted in lecture Util 1 For other activities children to

* Most of the activities will be conducted in lecture Hall 1. For other activities student will disperse from lecture hall 1 only

* Sports In charge: -Dr. Rajendra Singrolay, Dr. Umesh sinha, Dr.Indrajeet Yadav.

* Extracurricular activity In charge:- Dr.Darshana Jain, Dr.Vijay Chouhan.

Computer Skill Session In charge: -Dr. Mohit Kulmi, Dr Lokendra singh Kot

* Faculty for languages :- Dr. Sanjib Das, Dr. Vijay Chouhan.

Foundation Coeffice Co- Coordinator
Dr. Darshna Jain

Associate Professor

Department of Biochemistry

GMC Radiam

MEDICC COORDINATOR

Dr. Anita Mutha

Dean & CEO 19/09/25

Dr Jitendra Gupta
Professor & Head
Department Of Anatomy
GMC Ratlam

Foundation Course convener

Government Medical College

Dr. Sanjib Des
Professor & Head, Department of Pharmacology
Government Medical College

Copy to: Convener & Coordinator of CC

-All HODs to inform concerned teathers
-Student section to disseminate among students of concerned batch

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