



E-mail ID:- meugmcr@gmail.com

Web :- www.gmcratlam.org

GOVERNMENT MEDICAL COLLEGE  
Sailana Road NH927A, Ratlam Madhya Pradesh 457001, India  
**MEDICAL EDUCATION UNIT/ CURRICULUM COMMITTEE**

## Foundation Course Schedule MBBS BATCH 2025-26

MEU CONVENER-DR JITENDRA GUPTA

MEU COORDINATOR- DR. DARSHNA JAIN

Day & Date	09:00am-10:00am	10:00am-11:00am	11:00am-12:00pm	12:00pm-01:00pm	01:00pm - 02:00	02:00pm-03:00pm	03:00pm-04:00pm	04:00pm-05:00pm
Monday 22/09/2025	Registration (Ms. Pinky/ Nikita)	Inauguration & Welcome Ceremony: Dean's Address :- Welcome, vision, mission of the Institution, Roles of an Indian Medical Graduate  (Dr. Sanjib Das, Dr Darshna Jain)	Interaction of students and parents with dean and faculty  (Dr Darshna Jain)		Rules and Regulations of the institution. [(K)(K)] (Dr J.C. Hundekari)	Role of Indian army in nation building Col. Sandeep Abhalwal	Visit to the Hostel / Campus/ College/ Hospital/Library Facility (Dr Mohit Kulmi, Dr Smriti Tiwari Pandey, Dr Vijay Chouhan,)	
Tuesday 23/09/2025	Yoga/Meditation in Medicine  (Dr. Lokendra singh Kot & team) [(S,A)(P)]	History of Medicine and alternate systems of Medicine [(K)(K)]  (Dr S.K. Likhari and team)	IMG roles / overview of MBBS curriculum and various career pathways [(K)(K)] (Dr Sanjib Das and team)		Health Care System & it's Delivery [(K)(KH)] (Dr. S.K.Likhari & team)	National Health programmes and policies [(K)(KH)] (Dr. S.K.Likhari & team)	Introduction to Senior students (Dr Rahul Mittal, Dr Rajendra Singrolay, Dr Darshna Jain Dr.Mohit Kulmi)	
Wednesday 24/09/2025	Yoga/Meditation in Medicine [(S,A)(P)] (Dr. Lokendra singh Kot & team)	Role of Doctors in the society [(K)(KH)] (Dr. Rekha Vimal, Dr.Mahendra Chauhan, Dr.Sudhanshu Sharma, Dr.Nitin Kiradiya, Dr. Praveen Baghel)			Introduction to 1st yr. Faculty (All Phase I faculty along with their HODs)	Group Dynamics [(K,S,A,C)(P)] (Dr. Dhruvendra Pandey)		



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<b>Thursday</b> 25/09/2025	<b>Yoga/Meditation in Medicine</b> [(S,A)(P)] (Dr. Lokendra singh Kot & team)	Extracurricular Activities include community based activities include Social service program (health camp or awareness)/rural health camp for community engagement/participating in public health or cleanliness drive (Dr. Piyusha Mahashabde, PGs of community medicine & Pharmacology)	<b>Working in a health care team</b> [(K,S,A,C)(KH)]   (Dr. Mahendra Chouhan & team, Dr. Neelam Charles & team)	<b>Sports and Physical Activities</b> like Karate/cricket/football/basketball/badminton/table tennis/Working out in gym (to be divided into groups based on student's preference) (Dr. Umesh Sinha, Dr. Rajendra Singrolay, Dr. Priti Kori, Dr. Indrajeet Yadav, Dr. Smriti Tiwari Pandey, Dr. Prianka Chouhan)
<b>Friday</b> 26/09/2025	<b>Concept of Professionalism &amp; Ethics, Dealing with Ethical Dilemmas, Cultural Sensitivity</b> [(K,S,A)(KH)] (Dr. Pradeep K. Mishra, Dr Dhruvendra Pandey & team)	<b>Doctor-Patient Relationship</b> [(K,S,A,C)(KH)] Dr. Pradeep K. Mishra, Dr Dhruvendra Pandey  (Dr. Prafulla Songara & team)	<b>Skill Module: Universal Precautions(UP)</b> [(K,S,A)(KH)]  (Dr. Neelam Chales & team/ Dr. Mahendra Chauhan & team/ Dr. Mrs. Likhar & team)	<b>Skill Module : First Aid &amp; principles of primary care (General &amp; community based care)</b> [(K,S,A,C)(SH)]
<b>Saturday</b> 27/09/2025	<b>Mental Health: Overview &amp; Importance:</b> [(K)(KH)] Dr. Kapil Dev Arya & team	<b>.Stress Management &amp; Coping Mechanisms</b> [(K,S)(SH)] (Dr. Kapil Dev Arya Dr. Gaurav Chittora, Dr. Lokendra singh Kot )	<b>. Time Management</b> [(K,S)(SH)] (Dr. Lokendra singh Kot & team)	<b>Mentor –Mentee Program</b> (Student Section In-charge)  (Dr. Darshana Jain, Dr. Priti Kori, Dr Smriti Tiwari Pandey, Dr. Vijay Chouhan, Dr. Priyanka Chouhan)
<b>Sunday</b> 28/09/2025	<b>Sunday</b>			
<b>Monday</b> 29/09/2025	<b>Basic Life Support</b> [(K,S,A,C)(SH)]			
<b>Interactive Lecture &amp; Video (Dr. Shailendra Dawar &amp; team )</b>				<b>Skill Module: Basic Life Support Hands on Training (Dr. Shailendra Dawar &amp; team )</b> [(K,S,A,C)(SH)]



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Interactive Lecture & Video (Dr. Shailendra Dawar & team )		
Reflective Session [(K,S)(P)]	Sports and Physical Activities like Karate/cricket/football/basketball/badminton/table tennis/Working out in gym (to be divided into groups based on student's preference)	
(Dr.Sanjib Das & team)	(Dr Umesh Sinha, Dr Rajendra Singrolay, Dr.Priti Kori, Dr.Indrajeet Yadav, Smriti Tiwari Pandey,, Dr.Prianka Chouhan)	



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	(Dr. Sanjib Das, Dr. Dhruvendra Pandey, Dr. Lokendra singh Kot, Dr. Vinay Sharma & team)	Dr. Ashish Kumar Maurya, Dr. Vijay Chouhan, Dr. Darshana Jain	
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\*\*Expected predominant learning Domain to be addressed -K(Knowledge)/S(Skills)/A(Attitude)/C(Communication)

Expected learning level to be achieved by students -K(Know)/KH(Know how)/SH(Show How)/P(Perform)

- \* Most of the activities will be conducted in lecture Hall 1. For other activities student will disperse from lecture hall 1 only.
- \* Sports In charge:- Dr. Rajendra Singrolay, Dr. Umesh sinha, Dr. Indrajeet Yadav.
- \* Extracurricular activity In charge:- Dr. Darshana Jain, Dr. Vijay Chouhan.
- \* Computer Skill Session In charge:- Dr. Mohit Kulmi, Dr. Lokendra singh Kot.
- \* Faculty for languages :- Dr. Sanjib Das, Dr. Vijay Chouhan.

Foundation Course Co- Coordinator

Dr. Darshana Jain

Associate Professor

Department of Biochemistry

GMC Ratlam

Foundation Course convener

Dr. Jitendra Gupta

Professor & Head

Department Of Anatomy

GMC Ratlam

MEDICC COORDINATOR

Dr. Sanjib Das

Professor & Head, Department of Pharmacology

Government Medical College

Dean & CEO

Dr. Anita Mutha

Government Medical College

Copy to:

Convenor & Coordinator of CC

-All HODs to inform concerned teachers

-Student section to disseminate among students of concerned batch