

जीवन सेतु क्लीनिक (Suicide Prevention Clinic)

डॉ लक्ष्मी नारायण पांडेय
शासकीय चिकित्सा महाविद्यालय
रतलाम (म. प्र.)

जीवन सेतु क्लीनिक

प्रतिदिन | मनोरोग विभाग | हम सुनेंगे, समझेंगे और साथ देंगे

आपातकालीन सहायता नंबर
14416
24x7 निःशुल्क एवं गोपनीय सहायता

मानसिक स्वास्थ्य सबका अधिकार

आप अकेले नहीं हैं, हम आपके साथ हैं।

परामर्श (Counselling) | मनोवैज्ञानिक मूल्यांकन | मानसिक स्वास्थ्य जागरूकता | समर्थन एवं पुनर्वास सहायता

आपकी बात, आपकी पहचान – हमारी जिम्मेदारी

जीवन सेतु क्लीनिक functioning under the Department of Psychiatry, DLNPGMC Ratlam, is a dedicated initiative for suicide prevention, crisis intervention, and mental health support. The clinic aligns with the objectives of the National Suicide Prevention Strategy (NSPS), Ministry of Health and Family Welfare, Government of India, which aims to reduce suicide rates through awareness, early identification, timely intervention, and accessible mental healthcare services. The clinic provides a safe, confidential, and compassionate environment for individuals experiencing emotional distress, suicidal thoughts, self-harm behaviors, depression, anxiety, or psychosocial crises. Services include psychiatric evaluation, psychological counseling, suicide risk assessment, crisis management, family support, and referral for specialized care when required. Supported by the 24x7 Tele-MANAS Mental Health Helpline (14416) it strives to strengthen resilience, promote mental well-being, and ensure that no individual faces psychological suffering alone.